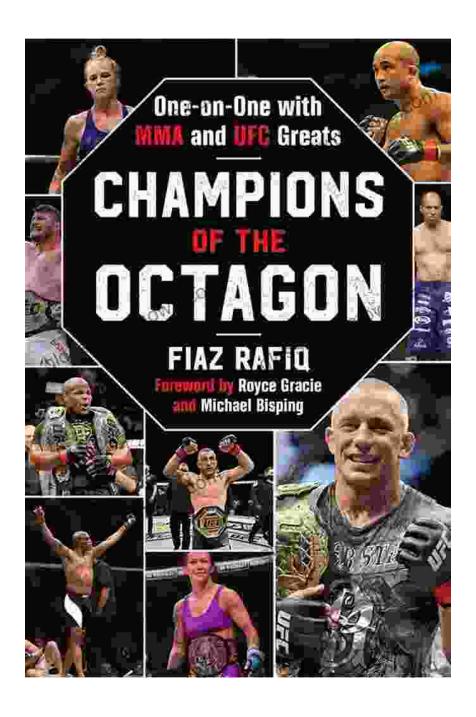
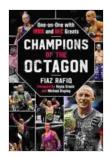
Champions of the Octagon: Inside the World of Mixed Martial Arts



Champions of the Octagon: One-on-One with MMA and

UFC Greats by Fiaz Rafiq

★★★★ ★ 4.6 out of 5 Language : English



File size : 1384 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Print length : 393 pages



An Exclusive Look at the Lives and Battles of MMA's Greatest Fighters

Mixed martial arts (MMA) has exploded in popularity over the past two decades, becoming one of the most watched and talked-about sports in the world. In *Champions of the Octagon*, journalist and MMA insider Ariel Helwani takes readers on an immersive journey into this captivating sport, offering an exclusive look at the lives and battles of some of its greatest fighters.

From the early days of the UFC to the present day, Helwani profiles some of the most iconic and successful fighters in MMA history, including Georges St-Pierre, Jon Jones, Ronda Rousey, Conor McGregor, and Khabib Nurmagomedov.

- Georges St-Pierre: The greatest welterweight of all time, St-Pierre dominated the UFC for nearly a decade, winning 26 fights in a row.
- **Jon Jones:** Considered by many to be the greatest pound-for-pound fighter in MMA history, Jones has won 23 of his 26 fights, including victories over some of the biggest names in the sport.

- Ronda Rousey: The first female superstar of MMA, Rousey was undefeated in her first 12 fights and held the UFC women's bantamweight championship for over two years.
- Conor McGregor: The most popular fighter in MMA history, McGregor is known for his brash personality and his devastating knockout power.
 He has won titles in two different weight classes and is one of the biggest pay-per-view draws in the sport.
- Khabib Nurmagomedov: The undefeated lightweight champion, Nurmagomedov is one of the most dominant fighters in MMA history. He has won all 29 of his fights, including victories over some of the biggest names in the sport.

In *Champions of the Octagon*, Helwani goes beyond the fights to explore the personal stories of these fighters, revealing the challenges they have faced and the sacrifices they have made to achieve their dreams.

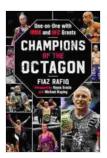
Helwani also provides an in-depth look at the business of MMA, from the UFC's rise to prominence to the challenges facing the sport today. He interviews promoters, managers, and fighters to get a behind-the-scenes look at the machinations of the sport.

Champions of the Octagon is an essential read for any fan of MMA. It is a fascinating and informative look at the sport's history, its biggest stars, and its future.

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Champions of the Octagon is available now at all major booksellers.

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