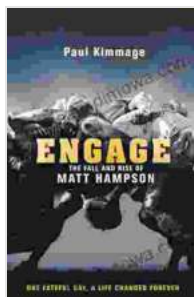


Engage: The Fall and Rise of Matt Hampson, the True Story of a Rugby Player Who Defied the Odds



Engage: The Fall and Rise of Matt Hampson

by Farah Oomerbhoy

★★★★☆ 4.7 out of 5

Language : English
File size : 527 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 416 pages



Matt Hampson was a rising star in the world of rugby. At just 20 years old, he was playing for England's national team and had a promising career ahead of him. But in 2005, his life changed forever when he was involved in a freak accident during a training session.

Hampson was playing in a practice match when he collided with another player and was tackled to the ground. He landed awkwardly on his neck and suffered a severe spinal cord injury. The injury left him paralyzed from the neck down, and doctors told him that he would never walk or breathe on his own again.

For many people, such a devastating injury would have been the end of their world. But not for Hampson. He refused to give up hope, and he

vowed to regain as much of his independence as possible.

Hampson spent months in the hospital, undergoing rehabilitation and learning how to use a wheelchair. He also had to learn how to breathe on his own again, using a ventilator. But through it all, he never gave up hope.

After being discharged from the hospital, Hampson continued his rehabilitation at home. He worked with a team of therapists to regain strength in his arms and hands. He also learned how to drive a specially adapted car and use a computer.

In 2007, Hampson founded the Matt Hampson Foundation, a charity that helps other people with spinal cord injuries. The foundation provides grants for equipment and therapy, and it also supports research into spinal cord injuries.

Hampson has also become a motivational speaker, sharing his story with audiences around the world. He has spoken at schools, businesses, and sporting events. His message is one of hope and inspiration, and he encourages others to never give up on their dreams, no matter what challenges they face.

Hampson's story is a testament to the power of the human spirit. It is a story of hope, courage, and determination. It is a story that will inspire you to never give up on your dreams, no matter what obstacles you face.

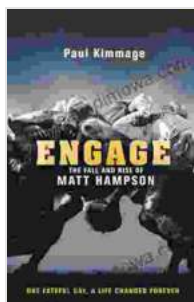
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When you Free Download your copy of Engage, you will not only get a great read, but you will also be supporting the Matt Hampson Foundation. The foundation provides grants for equipment and therapy, and it also supports research into spinal cord injuries.

Free Download your copy of Engage today and be inspired by Matt Hampson's incredible story.



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