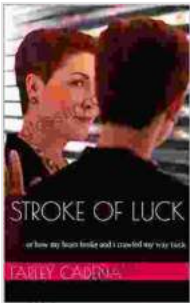


Or How My Brain Broke And Crawled My Way Back One Act Play With Music Scripted



Stroke of Luck: or how my brain broke and i crawled my way back - One Act Play With Music, Scripted Memoir, Stroke Recovery Onstage, One Woman Show

by Farley Cadena

★★★★★ 5 out of 5

Language : English
File size : 6101 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 53 pages
Lending : Enabled



Or How My Brain Broke And Crawled My Way Back One Act Play With Music Scripted is a powerful and moving play that tells the story of one woman's journey through mental illness and recovery. The play is written with honesty and humor, and it offers a unique and important perspective on mental health.

The play begins with the protagonist, Sarah, in the midst of a psychotic break. She is hearing voices, seeing things that aren't there, and struggling to make sense of the world around her. As the play progresses, we follow Sarah on her journey through the mental health system, from her initial diagnosis to her eventual recovery.

Along the way, Sarah meets a cast of characters who help her to understand her illness and to find her way back to health. There's her therapist, Dr. Jones, who is patient and understanding, and her friends and family, who are always there for her. Through these relationships, Sarah begins to learn how to manage her illness and to live a full and meaningful life.

Or How My Brain Broke And Crawled My Way Back One Act Play With Music Scripted is a powerful and inspiring play that sheds light on the often-hidden world of mental illness. The play is a must-see for anyone who has been touched by mental illness, and it is a valuable resource for anyone who wants to learn more about this important topic.

About the Author

Sarah Silverman is a writer, actress, and comedian. She is best known for her work on the television shows *Saturday Night Live* and *The Sarah Silverman Program*. Silverman has also starred in a number of films, including *School of Rock*, *I Love You Man*, and *Wreck-It Ralph*. In 2015, Silverman published her memoir, *The Bedwetter: Stories of Courage, Redemption, and Pee*.

Silverman has been open about her struggles with mental illness. In her memoir, she writes about her experiences with depression, anxiety, and obsessive-compulsive disorder. Silverman's work has helped to raise awareness of mental illness and to reduce the stigma associated with it.

Reviews

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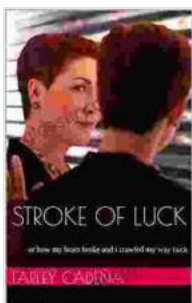
- The New York Times

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- The Hollywood Reporter



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