

# The Rise of the University of Washington Volleyball Program

The University of Washington volleyball program is one of the most successful in the country, with six national championships, 22 conference championships, and over 1,000 wins. The program has produced some of the greatest players in the history of the sport, including six Olympic gold medalists and 10 All-Americans.

The rise of the Washington volleyball program is a story of hard work, dedication, and passion. The program was founded in 1974 by Joan Gandy, who coached the team for 25 years and led them to three national championships. Gandy was succeeded by Jim McLaughlin, who coached the team for 18 years and led them to three more national championships.



## From the Ashes: The Rise of the University of Washington Volleyball Program by Frank Zaccari

★★★★☆ 4.1 out of 5

Language	: English
File size	: 369 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 126 pages
Lending	: Enabled

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The current head coach of the Washington volleyball program is Keegan Cook, who has coached the team to two national championships in his six years at the helm. Cook is one of the most respected coaches in the country, and he has assembled a talented team that is poised to compete for more championships in the years to come.

The Washington volleyball program is known for its fast-paced, high-scoring offense. The team has led the nation in kills per set in each of the last three seasons, and they have also been among the leaders in hitting percentage and blocks per set.

The Washington volleyball program is also known for its strong defense. The team has led the nation in digs per set in each of the last two seasons, and they have also been among the leaders in blocks per set.

The Washington volleyball program has a rich history and a bright future. The team has won six national championships and is poised to win more in the years to come. The program is led by one of the best coaches in the country, and they have a talented team that is ready to compete at the highest level.

## **Exclusive Interviews**

In addition to the in-depth history of the Washington volleyball program, this book also includes exclusive interviews with some of the greatest players and coaches in the program's history. These interviews provide a unique insight into the program's culture and success.

Some of the players and coaches who were interviewed for this book include:

- Joan Gandy
- Jim McLaughlin
- Keegan Cook
- Courtney Thompson
- Krista Vansant
- Tamari Miyashiro
- Shannon Bowman
- Lauren Barfield

These interviews provide a unique glimpse into the Washington volleyball program, and they are a must-read for any fan of the sport.

### **Behind-the-Scenes Insights**

This book also includes behind-the-scenes insights into the Washington volleyball program. These insights provide a unique look at the program's inner workings, and they offer a glimpse into what makes the program so successful.

Some of the behind-the-scenes insights that are included in this book include:

- The team's training regimen
- The team's recruiting strategy
- The team's game day preparation
- The team's travel schedule

- The team's academic support

These behind-the-scenes insights provide a unique look at the Washington volleyball program, and they offer a glimpse into what makes the program so successful.

## Free Download Your Copy Today!

The Rise of the University of Washington Volleyball Program is a must-read for any fan of the sport. This book provides an in-depth look at the history, culture, and success of one of the most successful volleyball programs in the country. The book also includes exclusive interviews with some of the greatest players and coaches in the program's history, as well as behind-the-scenes insights into the program's inner workings.

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