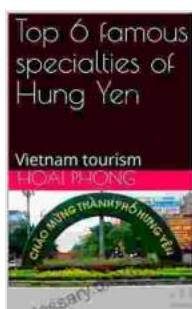


# Top Famous Specialties Of Hung Yen: A Gastronomic Journey through Vietnam

Nestled in the heart of the Red River Delta, Hung Yen is a culinary paradise waiting to be explored. From bustling street food stalls to traditional family-run eateries, this vibrant province offers a tantalizing array of flavors that will delight your taste buds.



## Top 6 famous specialties of Hung Yen: Vietnam tourism

by Earl J. Hess

★★★★☆ 4.6 out of 5

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## 1. Banh Cuon Hung Yen

Renowned for its delicate texture and savory fillings, Banh Cuon Hung Yen is a must-try dish in the region. These steamed rice noodle rolls are made with a thin batter that is poured onto a large, heated pan and then steamed until cooked. The resulting rolls are then filled with a variety of ingredients,

such as minced pork, wood ear mushrooms, and onions, and served with a dipping sauce made from fish sauce, vinegar, and sugar.



## 2. Nem Chua Yen My

For a tangy and umami-rich treat, look no further than Nem Chua Yen My. This fermented pork sausage is made with a mixture of lean pork, pork fat, and a special blend of spices. The meat is ground and mixed together and

then stuffed into a casing made from pig intestine. The sausages are then fermented for several days, which gives them their characteristic slightly sour and salty flavor. Nem Chua Yen My is typically served cold, sliced into thin pieces, and paired with a dipping sauce made from fish sauce, vinegar, and chili peppers.



Nem Chua Yen My, a unique and flavorful fermented pork sausage

### **3. Bun Dau Bung**

A beloved comfort food in Hung Yen, Bun Dau Bung is a hearty and satisfying dish that is perfect for a quick lunch or dinner. It consists of grilled pork patties, fried tofu, and rice noodles served with a fermented soybean soup. The pork patties are made with ground pork that is seasoned with a special blend of herbs and spices and then grilled over hot coals. The fried

tofu is made with firm tofu that is cut into cubes and fried until golden brown. The rice noodles are typically served cold and can be soaked in the fermented soybean soup before eating.



#### 4. Che Kho

For a sweet and refreshing dessert, indulge in Che Kho, a traditional Vietnamese dessert made with black-eyed peas, coconut milk, and sugar.

The black-eyed peas are cooked in water until soft and then mashed together with coconut milk and sugar. The mixture is then chilled and served cold. Che Kho can be enjoyed as a snack or as a dessert after a meal.



Che Kho, a sweet and refreshing dessert perfect for any occasion

## 5. Ruou Lung

No culinary journey through Hung Yen would be complete without sampling the local rice wine, Ruou Lung. This fragrant and flavorful wine is made from fermented glutinous rice and has a slightly sweet taste. Ruou Lung is typically served chilled and can be enjoyed as an aperitif or as a digestif after a meal.



## Explore the Culinary Delights of Hung Yen

Hung Yen is a treasure trove of culinary delights that is waiting to be discovered. From savory street food to traditional delicacies, there is something to satisfy every palate. Embark on a gastronomic journey through this vibrant province and experience the rich flavors and unique culinary heritage of Vietnam.

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