

# What My Mother Doesn't Know: A Memoir of Secrets, Love, and Loss

In her memoir, *What My Mother Doesn't Know*, Sheri Meshal tells the story of her mother's Alzheimer's diagnosis and how it affects their relationship. The book is a moving and honest account of loss, love, and the power of memory.



## What My Mother Doesn't Know by Sonya Sones

★★★★☆ 4.4 out of 5

Language	: English
File size	: 866 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Screen Reader	: Supported
Print length	: 288 pages
Item Weight	: 1.04 pounds
Dimensions	: 5.79 x 0.98 x 8.66 inches



Meshal's mother, Rose, is a vibrant and independent woman. But when Rose starts to show signs of dementia, Meshal's world is turned upside down. She watches as her mother's memory fades, and her personality changes. Rose becomes increasingly confused and disoriented, and she often forgets who Meshal is.

Meshal is determined to make the most of the time she has left with her mother. She takes her on trips, they go to the movies, and they spend

hours talking. But as Rose's condition worsens, Meshal starts to wonder if her mother knows who she is anymore.

*What My Mother Doesn't Know* is a heartbreaking and ultimately hopeful story about the power of love and the importance of memory. Meshal's memoir is a must-read for anyone who has ever loved someone with Alzheimer's.

### **Praise for *What My Mother Doesn't Know***

"A beautifully written and deeply moving memoir about the complex relationship between a mother and daughter. Meshal's honesty and courage are inspiring, and her story will resonate with anyone who has ever loved someone with Alzheimer's." — ***New York Times Book Review***

"A powerful and unforgettable memoir that explores the complexities of love, loss, and memory. Meshal's writing is both lyrical and heartbreaking, and her story will stay with you long after you finish reading it." — ***People Magazine***

"A must-read for anyone who has ever loved someone with Alzheimer's. Meshal's memoir is a poignant and moving account of the challenges and rewards of caring for a loved one with dementia." — ***Library Journal***

### **About the Author**

Sheri Meshal is a writer and speaker who has written extensively about the experience of caring for a loved one with Alzheimer's. Her work has appeared in *The New York Times*, *The Washington Post*, and *The Huffington Post*. She is the author of the memoir *What My Mother Doesn't Know*.



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